

HANDBALL VTB8

TECHNIFICATION



MASTERSPORTS

INFORMATION

Dates: June 24th - July 1

Place: El Vendrell (Tarragona), Spain

Ages: For players from 8 to 17 years old

TRANSPORT SERVICE

DEPARTURE

DATE: June 24th
TRIP: Barcelona - El Vendrell
PUNT: Access 14 - Camp Nou
HOUR: 10.30h

RETURN

DATE: July 1st
TRAJECTE: El Vendrell - Barcelona
ARRIVAL: Acces 14 del Camp Nou

DAILY SCHEDULE

7:30h	Wake Up
8:00h	Specific Training
9:15h	Breakfast
10:00h	Group Training
12:00h	Swimming Pool
13:30h	Lunch
15:00h	Relax
16:30h	Competition
19:00h	Shower
20:30h	Dinner
22:00h	Nightly Activity

ACTIVITIES

- Specific and technical training
- Fitness
- Beach Handball
- Sport and playful activities
- Swimming Pool
- Night tournament
- Aquatic Park trip

GROUPS

Groups will be established depending on the age and the level of the players.

A level test will be taken the first day of the Campus in order to define some groups consisting of 15 players whowould spend all the week together. This will guarantee that work is done in a more specific way.

SPORTIG CLOTHING AND COMPLEMENTS

Things to be taken:

- Underwear
- Sportive clothing (it is required one for each training)
- Trainer Shoes
- 2 Towels
- Swimming trunks/swimming costume
- Flip-flops
- Sun protection cream
- A cap
- Shower gel and shampoo
- Personal hygiene utensils

FACILITIES

Training sessions will take place in the installations of Pavelló Santa Maria del Mar (next to the hotel), in the Complex esportiu Tennis Vendrell and in the Pavelló Municipal d'Esports. You can find all the information of these installations in the following links:

www.elvendrellesports.cat/installacionsportives/Pavello_Santa_Maria_del_Mar.asp

www.elvendrellesports.cat/instal-lacio-esportiva/complex-esportiu-club-tennis-el-vendrell#/0

<http://www.elvendrellesports.cat/instal-lacio-esportiva/pavelló-municipal-desports>

ACCOMODATION

Accommodation will be in Nuba Hotel Coma-ruga (4*) in full board stay. It is situated near the sportive installations. All the information about the services and installations of the hotel can be found in the following link: www.nubahotelcomarruga.com

INFORMATION SESSION

We will confirm the by email to all families that have registered their children.

CLOSURE

On Saturday, July 1, at 2pm a snack will be offered to players and their respective parents in Nuba Hotel Coma-ruga

PRICE AND MODALITY OF PAYMENT

The total price of the Handball Technification VT8 including all services is **650€**. Families with more than one inscription, will have a discount of 10% counting from the second brother and successive 5% discount if more than 5 children / as the same group of the same team.

Total import will be fractioned in three payments: 1st: the first charge (150€) will be when you made the registration. The second charge (250€) on April 5. The charge will be the remainder of the PVD applying the appropriate discount will be on June 5.

IF YOU NEED MORE INFORMATION

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